

Grossmont High School

New Sports Medicine, Athletics, and Food Services Facilities

1100 MURRAY DR. | EL CAJON, CA 92020 | 619.668.6000 | HTTP://WWW.FOOTHILLERS.COM/



Grossmont's Sports Medicine program now benefits from a dedicated classroom situated adjacent to the sports fields and aquatic complex.



The new weight room, a dramatic upgrade from its former home in an old shower/locker room space, is equipped with top-rated strength-training gear.

BUILDING/CLASSROOM FEATURES

- Provides a state-of-the-art space for Grossmont's Sports Medicine Pathway, with simulation spaces, treatment tables, and exercise rehabilitation equipment
- Collegiate-style weight room with top-ofthe-line strength training equipment
- Modern Food Services building has expansive serving stations, a walk-in refrigerator and freezer, and the capacity to serve 1,000+ students within 15 minutes
- New home side bleachers and press box with ADA access from both sides
- Spacious new classrooms currently house the relocated Grossmont High School Museum – the keystone of Grossmont High School's vast alumni network which provides vital support for the school's instructional and extracurricular programs

SUSTAINABLE FEATURES

- Utilizes insulated walls, high-efficiency fixtures and lighting, and reflective roofing materials to help reduce energy consumption for heating and cooling, thus lowering the building's carbon footprint
- Low-emissivity (Low-E) glass helps maximize natural light and block unhealthy rays
- High-performance facility design
- Drought-tolerant landscaping
- New hardscape areas

PROJECT DESCRIPTION

The new facilities include a spacious classroom for Grossmont's Sports Medicine Pathway, complete with cutting-edge equipment, diagnostic tools, and interactive displays. There is also an expansive new weight room, a dedicated coach's space, a secure storage area for sports equipment, and a new restroom facility. The project provides a new space for Grossmont's Food Services function, with a modern kitchen and food preparation area, and thoughtfully laid out serving stations. Additionally, the project provides new bleachers with ADA access from both sides and a new press box. New classroom spaces serve as the current home of the relocated Grossmont High School Museum and its extensive memorabilia collection. The museum existed previously in a building that was cleared for new construction.

Project Partners: Grossmont High Scho	ool Spo	orts Medicine/Athletics/Food S	Services	
Project Budget		\$12,479,333.00		
Construction Duration		September 2022 (Board Approval) – February 2024		
Architect		Ruhnau Clarke Architects		
Construction Manager		C.W. Driver - Sam Myovich, Cole Edging, Carrie Chambers, Will House, Carlos Cruz		
Inspector of Record		Ratcliff Inspections		
Consultants and Contractors				
Able HVAC	KNA Structural Engineers		•	Peltzer Plumbing
Ace Electric	• L	• Leighton		Snipes Dye Civil Engineering
Conan Construction	• 1	M.A. Engineers		Southern Bleachers
 Fordyce Construction 	• N	MMLA Landscape	•	Team C Construction
• FSE Inc.	• 1	Nexgen Building Group	•	Whillock Contracting
 Johnson Consulting 	• (Orness Design Group		
Grossmont High School		Daniel Barnes, Principal, and Thomas Fordham, Manager of School Facilities		
GUHSD Superintendent		Mary Beth Kastan		
GUHSD Deputy Superintendent		Scott Patterson		
GUHSD Executive Director Facilities Management		Lindsey Danner		
GUHSD Senior Project Manager		Dena Johnson		
GUHSD Food Service Director		Vince Scimone		



















